



# Valley West School

269 Moore Street - Chicopee, MA 01013 - [www.valleywestschool.com](http://www.valleywestschool.com) - 413.592.6069

## EMERGENCY FORM

Please fill in the following information and return it to school with your child.

This information is important in case of illness, or emergency, during school or an emergency dismissal from school.

**NO STUDENT WILL BE ALLOWED IN SCHOOL WITHOUT A SIGNED EMERGENCY FORM.**

Student's name \_\_\_\_\_ MI \_\_\_\_\_ Primary phone # \_\_\_\_\_

Address \_\_\_\_\_ Birthdate \_\_\_\_\_ Grade \_\_\_\_\_

City \_\_\_\_\_ Zip code \_\_\_\_\_

Parent/Guardian 1 \_\_\_\_\_ Relation \_\_\_\_\_

Home # \_\_\_\_\_ Cell # \_\_\_\_\_ Work # \_\_\_\_\_

Parent/Guardian 2 \_\_\_\_\_ Relation \_\_\_\_\_

Home # \_\_\_\_\_ Cell # \_\_\_\_\_ Work # \_\_\_\_\_

Custody: \_\_\_\_\_ Living Arrangement \_\_\_\_\_

Email 1: \_\_\_\_\_ Email 2: \_\_\_\_\_

If primary contact **cannot be reached** in an emergency, list names of responsible adults available during school hours, **who are able to pick up your child.**

Name \_\_\_\_\_ Home or Cell # \_\_\_\_\_ Relationship \_\_\_\_\_

Name \_\_\_\_\_ Home or Cell # \_\_\_\_\_ Relationship \_\_\_\_\_

Name \_\_\_\_\_ Home or Cell # \_\_\_\_\_ Relationship \_\_\_\_\_

Student's physician \_\_\_\_\_ Phone # \_\_\_\_\_ Date last visit \_\_\_\_\_

Student's dentist \_\_\_\_\_ Phone # \_\_\_\_\_ Date last visit \_\_\_\_\_

Student's therapist \_\_\_\_\_ Phone # \_\_\_\_\_ Date last visit \_\_\_\_\_

Student's psychiatrist \_\_\_\_\_ Phone # \_\_\_\_\_ Date last visit \_\_\_\_\_

Student health insurance carrier \_\_\_\_\_ Policy# \_\_\_\_\_

Please list all medications that your child takes. **Please notify health office of any medication changes!**

\_\_\_\_\_  
\_\_\_\_\_

To better serve your child, please circle the following that affect your child: Heart Condition Diabetes Asthma Seizure Disorder ADD ADHD Migraines Depression Other (Specify) \_\_\_\_\_

Allergies: Y or N To what? (Food, insects, medication, environment) Specify \_\_\_\_\_

Procedure \_\_\_\_\_ Epi-pen \_\_\_\_\_ Inhaler \_\_\_\_\_

I agree to have my son/daughter brought to the nearest hospital, E.R. or crisis center for evaluation and treatment, in the event of a medical/psychiatric emergency, which cannot be handled in the school setting. I give permission to exchange information with any of my child's service providers for the purpose of referral, diagnosis and treatment. I give consent to Valley West School to request a copy of my child's physical and immunization record from the sending school or physician's office. I give permission to the school nurse to share this information with the appropriate school personnel.

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

**OVER**



## OVER THE COUNTER MEDICATION FORM

### SUPERFICIAL SKIN/WOUND CLEANSING/TREATMENT:

Benadryl Cream  
Calamine Lotion  
Hydrogen Peroxide Solution  
Isopropyl Alcohol 70%  
Petroleum Jelly for dry skin  
Antibiotic ointment  
Hydrocortisone cream 1%  
Silvadene ointment for minor burns  
Sun screen  
Insect repellent

### PAIN/FEVER TREATMENT:

Acetaminophen 325 mg. 1-2 tabs every 4 hours as needed.  
Chewable 80mg. for ages 10 and under as directed by bottle instructions. (10-15mg/kg)  
Ibuprofen 200mg. 1-2 tabs every 4-6 hours as needed ages 12 & over.  
Tablets for children under 12 as directed by bottle instructions regarding age and weight.

### EYE IRRIGATION SOLUTION:

Sterile Isotonic Buffered Solution

### STOMACH DISCOMFORT:

Antacid/Antigas  
Antacid tablets (Tums) 1-2 tablets every 3-4 hrs. as needed over 12 yrs.  
Mylanta tablets as directed by age and weight on bottle for Children under 12 years of age.

### COUGH/COLD TREATMENT:

Cough Drops Menthol/cetylpyridinium: one cough drop every 1-2 hrs. as needed  
Sudafedrine 30mg 1-2 tabs for over age 12 every 4-6 hours and children 6-12 yrs of age 1 tab every 4-6 hours for nasal congestion

### **PLEASE NOTE**

The school nurse may limit students frequent use/abuse of over-the-counter medications

### EMERGENCY TREATMENT ONLY

POISONING: Treatment as directed by **Poison Control 1(800)222-1222**

ALLERGIC REACTION: Diphenhydramine Hydrochloride 25-50mg. (emergency dose) ex: antihistamine- Benadryl

**Epi-Pen Jr.:** 0.15 mg for children under 60 lbs.

**Epi-Pen:** 0.3mg for children/adult over 60 lbs.

EMERGENCY TREATMENT for severe allergic reaction/anaphylactic shock

Ex. Bee sting/severe allergic reaction: transport to local hospital for immediate medical attention.

\*Every attempt will be made to contact parent/guardian. **Please keep phone numbers and medical information current.**

The proper parent/guardian consent form below **MUST** be on file before **ANY** medication will be given to your child by the school nurse (telephone permission **CANNOT** substitute for a signed, dated consent).

I give my permission for the school nurse to administer the medications prescribed by the school physician.

**I have crossed out any product that I do not wish my child to receive.**

Signature of parent/guardian\_\_\_\_\_

Relationship to the student\_\_\_\_\_ Date\_\_\_\_\_

Signature of student\_\_\_\_\_ Date\_\_\_\_\_

(If 18 yrs. or older)

Dr. John Murphy \_\_\_\_\_ Date\_\_\_\_\_

SCHOOL PHYSICIAN'S SIGNATURE